



Family First THERAPY

PEDIATRIC PELVIC HEALTH THERAPY

Every child deserves to feel comfortable and confident. Our therapists use evidence-based strategies to support bladder and bowel function, making everyday life easier for children and families.

WHAT WE TREAT:

- INCONTINENCE
- CONSTIPATION
- BOWEL DYSFUNCTION
- BEDWETTING (ENURESIS)
- PELVIC MUSCLE DYSFUNCTION
- GENITOURINARY CONDITIONS
- PELVIC PAIN



SCAN
ME



**CALL 813-848-0341
TO SCHEDULE AN APPOINTMENT TODAY!**

207 Crystal Grove Blvd, Lutz, FL 33548

SUCCESS STARTS HERE!

What's Included in the Program?

- Personalized home exercise plan tailored to your child's unique needs
- Body awareness education to improve understanding of digestive and bodily processes
- Posture & movement training for better body mechanics
- Breathing techniques to support relaxation, toileting, and digestion
- Confidence-building activities to encourage self-awareness and independence

WHAT OUR CLIENTS ARE SAYING!



"Meagan is a miracle worker! Our son quickly saw improvement in muscle tone, core and pelvic strength and gained incredible confidence within himself. In just a few short weeks, all medications were stopped and he was pooping on the toilet naturally!"

"Our son had a lot of anxiety when it came to using the bathroom! Meagan was able to work through his concerns and fears, and managed to get him to overcome some of the biggest obstacles. In three months, our son reached the end goal and can now use the bathroom 100%."

**CALL 813-848-0341
TO SCHEDULE AN APPOINTMENT TODAY!**

207 Crystal Grove Blvd, Lutz, FL 33548